

## STRONG FAMILIES PROGRAM (SFP) PRIDE POST

The key to getting a different result, is trying a different tactic.

Meaning: If you want to **see** something different, you have to **try** something different.

The SFP is here to help you get to that something different, achieve that goal!



## What's coming up this month

- 1 Around the Table: Nourishing Families (a.k.a. The Cooking Class) {Free, all materials and ingredients provided}
- 2 A new GED section (we just finished Social Studies)
- 3 AZ @ Work Education Opportunities and Job Placement Presentation
- 4 Parent & Child Together Time in the student's classroom.



- All SFP Classes & Workshops take place in person at OC Johnson.
- Any parents/guardians of any YSD1 student are eligible to attend.
- Spaces limited, RSVP required

Point of contact: Amanda Salasibarra  
(928)502-7835 or [asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)

# SFP PRIDE POST

11/28/2023

WWW.YUMA.ORG/STRONG-FAMILIES-PROGRAM



## UPCOMING GUEST SPEAKERS, TOPICS, & WORKSHOPS

- ALL THINGS BUDGET
- YUMA COUNTY HEALTH: COOKING (ALL INGREDIENTS & MATERIALS PROVIDED!)
- AZ @ WORK: FREE EDUCATION OPPORTUNITIES
- 4 SNEAKY INFLUENCES ON BEHAVIOR

### WE TOOK A TRIP TO THE LIBRARY!

DID YOU KNOW THE LIBRARY HAS SCIENCE KITS WITH ALL THE MATERIALS INCLUDED? OR THAT YOU CAN "CHECK OUT" 2 FREE TICKETS TO LOCAL MUSEUMS? OR THAT THEY HAVE AN AUTOMATIC BOOK SORTING MACHINE THAT SORTS YOUR RETURNS ALL BY ITSELF? ALMOST ALL SERVICES AT THE LIBRARY ARE FREE, STOP BY TO SEE WHAT IS AVAILABLE.

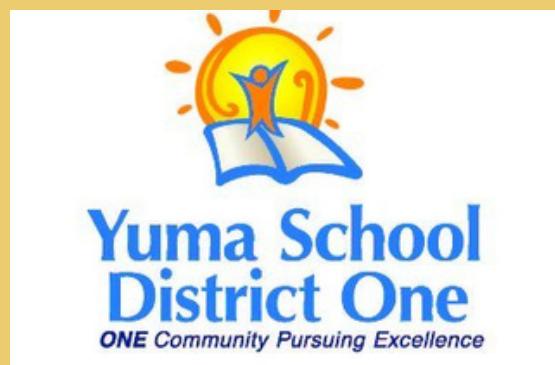


### WHO & WHERE?

ANY PARENT/GUARDIAN OF ANY STUDENT ENROLLED AT ANY YSD1 SCHOOL.

ALL SFP CLASSES & WORKSHOPS TAKE PLACE IN PERSON AT OC JOHNSON.

POC: AMANDA SALASIBARRA (928)502-7835 OR [ASALASIBARRA@YUMA.ORG](mailto:ASALASIBARRA@YUMA.ORG)





# Strong Families Program

## PRIDE POST



[www.yuma.org/strong-families-program](http://www.yuma.org/strong-families-program)

November 6th, 2023

### CONGRATULATIONS!

Here in the SFP we take attendance seriously. So seriously that parents enrolled in our program earn rewards for consistent attendance and steady involvement!

Congratulations to Brielle, Alondra, Perla, & Aneth for earning the first pieces of their at home "Book Nook". And congrats to Dulce for earning her Level 3 reward, a Build-a-Fort Kit!



### LENDING LIBRARY

Did you know...

The SFP has a lending library that Core Participants can use? That's right! Parents enrolled in our Core Group have the opportunity to check out things such as:

- BrainQuest Decks
- The 5 Love Languages of Children
- Photographic Flash Cards for Learning Language
- Laptops & iPads

\* Adults are financially responsible for the items checked out from the SFP lending library.

\*\* Lending Library only available to the parents/guardians enrolled and actively attending the SFP Core Group.

### WHAT WE HAVE TALKED ABOUT SO FAR THIS YEAR

- Successful me vs what I think of myself right now
- 5 Components of learning to read
- Communication styles & techniques
- How to read a report card
- The real effect of absences & tardies

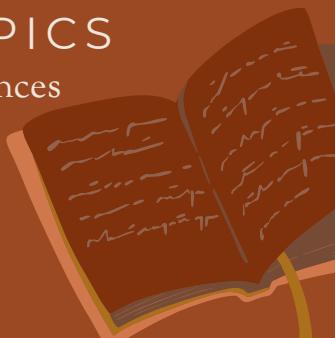


### UPCOMING PARENT FIELD TRIPS

- November: Yuma County Main Library Behind the Scenes
- December: Yuma Community Food Bank

### UPCOMING TOPICS

- Effect of shared experiences
- Grit & growth mindset
- All things budget!



### CONTACT

Amanda Salasibarra  
(928)502-7835  
asalasibarra@yuma.org

# SFP Pride Post

**(928)502-7835      asalasibarra@yuma.org**  
**[www.yuma.org/strong-families-program](http://www.yuma.org/strong-families-program)**

## The Strong Families Program is more than just workshops...

We also have a group of "Core Participants" that learn about communication, the 4 sneaky influences on children's behavior, how to help their student with homework, and lots more. These Core Participants also get to participate in **Parent & Child Together Time** every week, in their child's classroom. Interested? Ask me how you can be a part of our Core Group!



## Home-Buying 101

Two class times available!

RSVP REQUIRED.

- Nov. 7th at 9am
- Nov. 14th at 5pm



## How to write a Resumé

This will be a 3 week, one day a week workshop. No prior resumé or work history required.

- Nov 6, 13, & 27 (9-11am)

RSVP REQUIRED



**NOTICE:** The SFP After-School Session scheduled for Oct 25th was cancelled due to low registration.

# SFP Pride Post

**OCTOBER 10, 2023**

[www.yuma.org/strong-families-program](http://www.yuma.org/strong-families-program)

## COMING UP!

### CORE

Our Core participants are going to really dive into the content of the “Keeping your cool with positive discipline” workshop from our community partner and practice applying it to real life scenarios!

We also have another class trip planned for November.

### GED

Due to Fall Break and a scheduling conflict, GED Class on 10/6 and 10/13 are cancelled. GED Class resumes on 10/20, at 9:00am.

\*\*\*GED Class is open start, there is no registration cut off date. Join us!

### SFP PARTICIPANTS TAKE A FIELD TRIP...

That's right! Parents in my program get their own field trips!

Last week we took our class out to experience the 5th grade Kickball Tournament. It was a great chance to cheer for our Jaguars, support our children, & see what kind of impact sports has on our students.

### SNEAK PEAK

Ever thought about buying a house...But it seems scary and complicated? We've got a Home-Buying 101 class coming in November.

2 class times available, one AM and one PM!

Keep your eyes peeled for a flyer, coming soon!



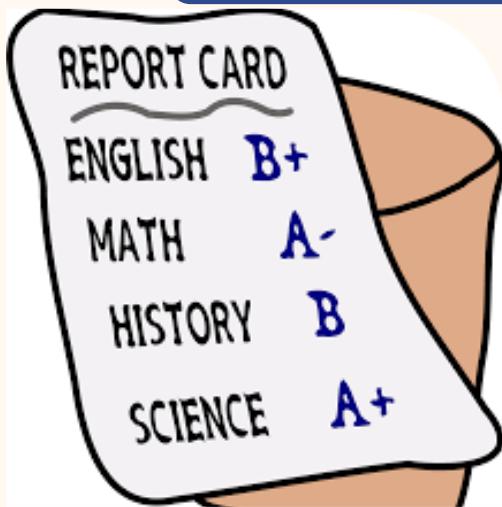
# SFP PRIDE POST

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SEPTEMBER 25, 2023

## WHAT'S COMING UP IN OUR CORE GROUP?



TUE - THU  
9AM @ OC JOHNSON

- How to read a report card
- Tardies and absences: what are the real impacts?
- Parent-Teacher Conferences: What to expect and why they are important

POC AMANDA SALASIBARRA (928)502-7835 OR [ASALASIBARRA@YUMA.ORG](mailto:ASALASIBARRA@YUMA.ORG)

### OCJ HIGHLIGHT



Did you know that we have a clinic on OCJ campus?! That's right! We have a doctor right here, available to families on Fridays. Stop by the RCBH office at OCJ (next to our nurse) any day to make an appointment! No insurance? No problem. For more info: (928)459-3493

### UPCOMING EVENTS



#### SFP AFTER-SCHOOL SESSION

October 25th  
5:00-7:00pm @ OC Johnson  
\*Parents & Guardians only

A 1-day session designed for parents that have other obligations during school hours! Join us as we cover

- Communication
- Quality Time
- 5 Components of learning to read
- Growth Mindset

RSVP to Amanda,  
contact info listed above

# SFP PRIDE POST

[www.yuma.org/strong-families-program](http://www.yuma.org/strong-families-program)

Sept 11, 2023



## KEEPING YOUR COOL WITH POSITIVE DISCIPLINE

Starts September 26th

6 weeks, 1 day a week

9:00-11:00am

In-person at OC Johnson

Learn to build on your child's strengths, win cooperation at home and school, defuse power struggles, and communicate a message of love to your children. (See included flyer for more info)

Registration **REQUIRED**  
[asalasibarra@yuma.org](mailto:asalasibarra@yuma.org) or  
(928)502-7835



## WHO'S ELIGIBLE FOR SFP CLASSES & WORKSHOPS?

Any parent or guardian of any student enrolled at any school that is part of Yuma School District One.



## COMING UP IN CORE GROUP:

- Quality Time
- How to use ParentVue
- Breaking bad habits

# STRONG FAMILIES PROGRAM (SFP)

## PRIDE POST



### CORE GROUP STARTS TOMORROW (8/29 @ 9AM)

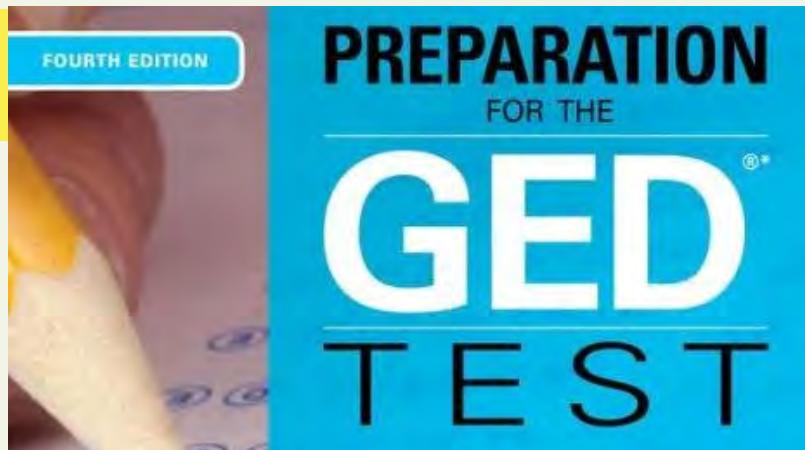
- How do I help my child with their homework if I don't know how to do it?
- Why is it such a struggle to get my child up for school each day?
- What is the difference between hard and soft letter sounds?

*If you have ever wondered any of these, the SFP can help!*

**STRONG FAMILIES PROGRAM  
A YSD1 PROGRAM, LOCATED AT OC JOHNSON  
(928)502-7835 OR [ASALASIBARRA@YUMA.ORG](mailto:ASALASIBARRA@YUMA.ORG)**

### GED: SOCIAL STUDIES

Our GED class will be focusing on Social Studies to start the year! Missed the first class? You can still join! Come see us at OC Johnson on September 8th.  
*\*Seats limited, we will start a wait list if the class fills up.*



# SFP PRIDE POST



## PARENT & CHILD TOGETHER TIME IN THE CLASSROOM

Parents enrolled in our program get to participate in Parent & Child Together Time (PACT Time). That means you will get to visit your child's classroom to see first hand and participate in what they are learning! It is a great opportunity to learn with your student and build your relationship.

Interested? Give me a call or send me an email! (928)502-7835 or [asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)



## NEXT WEEK ON 8/23:

Join me for some coffee and pastries while we chat about what the Strong Families Program is all about. Bring a friend, your questions, and your ideas!

### FREE GED CLASS

**Who:** Parents/Guardians of any student that attends ANY YSD1 school

**When:** Fridays, 9-11am

**Where:** OC Johnson 1201 W 12th St

(928)502-7835 or [asalasibarra@yuma.org](mailto:asalasibarra@yuma.org)

# SFP Pride Post

Brought to you by the Strong Families Program

May 9<sup>th</sup>, 2023

## We started strong, & we're ending *stronger*



### Finishing up this year...

All classes and workshops for the SFP are finished for the year, BUT learning never stops!

All our participants took home a "Summer Pack" that included hands-on STEAM activities, books, board games, and other fun things to stretch their family's brains all summer long.

**Also...** Although classes are over, the SFP is here to support you all the way through the last day of school! Call or email with any question.

### And next year?

The Strong Families Program will open our doors with a Coffee & Questions event in late August.

This will be a time where parent & guardians can come, enjoy some coffee and refreshments, and find out about our program. Keep your eyes open for flyers and pamphlets coming home early next school year!

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