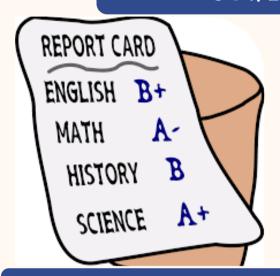
## SFP PRIDE POST

WWW.YUMA.ORG/STRONG-FAMILIES-PROGRAM



SEPTEMBER 25, 2023

## WHAT'S COMING UP IN OUR CORE GROUP?



#### TUE - THU 9AM @ OC JOHNSON

- How to read a report card
- Tardies and absences: what are the real impacts?
- Parent-Teacher Conferences:
   What to expect and why they are important

POC AMANDA SALASIBARRA (928)502-7835 OR ASALASIBARRA@YUMA.ORG

#### OCJ HIGHLIGHT



Did you know that we have a clinic on OCJ campus?! That's right! We have a doctor right here, available to families on Fridays. Stop by the RCBH office at OCJ (next to our nurse) any day to make an appointment!

No insurance? No problem.
For more info: (928)459-3493

#### **UPCOMING EVENTS**



SFP AFTERSCHOOL SESSION

October 25th
5:00-7:00pm @ OC Johnson
\*Parents & Guardians only

A 1-day session designed for parents that have other obligations during school hours! Join us as we cover

- Communication
- Quality Time
- 5 Components of learning to read
- Growth Mindset

RSVP to Amanda, contact info listed above

### SFP PRIDE POST

www.yuma.org/strong-families-program

Sept 11, 2023



#### KEEPING YOUR COOL WITH POSITIVE DISCIPLINE

Starts September 26th 6 weeks, 1 day a week 9:00-11:00am

In-person at OC Johnson
Learn to build on your child's
strengths, win cooperation at home
and school, defuse power struggles,
and communicate a message of love
to your children. (See included flyer
for more info)

Registration **REQUIRED** asalasibarra@yuma.org or (928)502-7835



# WHO'S ELIGIBLE FOR SFP CLASSES & WORKSHOPS?

Any parent or guardian of any student enrolled at any school that is part of Yuma School District One.



### COMING UP IN CORE GROUP:

- Quality Time
- How to use ParentVue
- Breaking bad habits

# STRONG FAMILIES PROGRAM (SFP) PRIDE POST



### CORE GROUP STARTS TOMORROW (8/29 @ 9AM)

- -How do I help my child with their homework if I don't know how to do it?
- -Why is it such a struggle to get my child up for school each day?
- -What is the difference between hard and soft letter sounds?

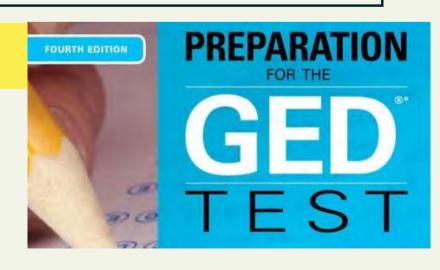
If you have ever wondered any of these, the SFP can help!

STRONG FAMILIES PROGRAM
A YSD1 PROGRAM, LOCATED AT OC JOHNSON
(928)502-7835 OR ASALASIBARRA@YUMA.ORG

#### **GED: SOCIAL STUDIES**

Our GED class will be focusing on Social Studies to start the year! Missed the first class? You can still join! Come see us at OC Johnson on September 8th.

\*Seats limited, we will start a wait list if the class fills up.



### SFP PRIDE POST



### NEXT WEEK ON 8/23:

Join me for some coffee and pastries while we chat about what the Strong Families Program is all about. Bring a friend, your questions, and your ideas!

## PARENT & CHILD TOGETHER TIME IN THE CLASSROOM

Parents enrolled in our program get to participate in Parent & Child Together Time (PACT Time). That means you will get to visit your child's classroom to see first hand and participate in what they are learning! It is a great opportunity to learn with your student and build your relationship.

Interested? Give me a call or send me an email! (928)502-7835 or asalasibarra@yuma.org



#### FREE GED CLASS

Who: Parents/
Guardians of any
student that
attends ANY YSD1
school

When: Fridays, 911am

Where: OC Johnson
1201 W 12th St

(928)502-7835 or asalasibarra@ yuma.org

## SFP Pride Post

**Brought to you by the Strong Families Program** 

May 9<sup>th</sup>, 2023

### We started strong, & we're ending stronger



#### Finishing up this year...

All classes and workshops for the SFP are finished for the year, BUT learning never stops!

All our participants took home a "Summer Pack" that included hands-on STEAM activities, books, board games, and other fun things to stretch their family's brains all summer long.

Also... Although classes are over, the SFP is here to support you all the way through the last day of school! Call or email with any question.

#### And next year?

The Strong Families
Program will open our doors
with a Coffee & Questions
event in late August.

This will be a time where parent & guardians can come, enjoy some coffee and refreshments, and find out about our program. Keep your eyes open for flyers and pamphlets coming home early next school year!

Amanda Salasibarra (928)502-7835 asalasibarra@yuma.org

## -SFP Pride Post-

### **Strong Families Make Strong Students**

## Field Trips, Tomatoes, and Prizes!

Thank you to Mrs. Tricia Kinnell at Yuma County Health for having our parents over to your building to finish up our canning class with HANDS ON practice. It was a blast, AND we each got to take home 3 fresh, homemade jars of canned tomatoes. These can be used to make spaghetti, pizza, sopas... the possibilities are endless!

#### What's coming up?

There is still plenty to check out at the SFP. We have several participant field trips coming up, we are going to talk about Learning Loss over summer, and (of course) have an end of year fiesta to celebrate just how much we have grown!

\*Our program is open start, there is no registration cut off. Join anytime. Call for more info.



Congrats to our workshop attendance drawing winner: Dulce!

Special thanks to:

Our 3 parent participants from McGraw; Veronica, Velia, & Rani. Thank you for being flexible! Contact Info:

Amanda Salasibarra

asalasibarra@ yuma.org

(928) 502-7835

### Time may be short, but the SFP is going to squeeze every last drop out of this school year

sp pride post

#### **GED Class**

This class is Open-Start, you can join us any time during the school year! Right now, we are finishing up Algebraic Expressions and moving on to Solving Inequalities. Want to know how to join us? Reach out!

#### **Workshops**

All our Community Partner Workshops are finished for this school year, but we are working on exciting new opportunities for next year! Have an idea? Let me know!

#### **Driver's Test Study Group**

We are almost finished going through the Driver's Manual offered by the Motor Vehicle Department of Arizona. We will be finishing up this specialty class with some review games and prizes!

#### **Rewarding Commitment**

Did you know that SFP participants earn rewards for consistent earn a piece to create a Reading Nook in their home. And the top 3 with the best attendance earn a shopping spree at Barnes & Noble at the end of the year!

2023 - APR - 10 attendance? Every 20 days they shopping spree at Barnes & Noble



#### We are open to ANY Parent/Guardian of **ANY YSD1 Student**

That's right! Any parent/quardian of any student enrolled in any YSD1 school is eligible to participate in our program. Whether you are interested in our shorter term specialty classes, Community Partner Workshops, GED, or our Core Group... YOU ARE ELIGIBLE! Give us a call to find out more.



#### Amanda Salasibarra Family Literacy Specialist- OCJ Strong Families Program Coordinator (928)502-7835 asalasibarra@yuma.org

**Strong Families Make Strong Students** 

2023 – MAR - 20 SECOND EDITION

# Congrats to our Cooking Workshop winner!

All participants in the Cooking Workshop took home a bag of kitchen utensils and other goodies, thanks to Yuma County Health and the AZ Health Zone.

Pictured here is Lori, the attendance prize drawing winner! Congrats on your family size air fryer!



#### **UPCOMING PARENT FIELD TRIPS:**

- Yuma Community Food Bank
- Main Library Tour
- AWC Testing Center

#### **CURRENT GED TOPIC:**

Algebraic Expressions
Our class is open start, which means
you can join anytime! There is no
enrollment cut-off date.
Ouestions? Call or email Amanda Salasibarra.

#### **UPCOMING TOPICS:**

- Effects of screen time
- Impacts of physical activity
- How do I keep learning going over summer?

#### **Contact me!**

#### **Amanda Salasibarra**

(928)502-7835

#### asalasibarra@yuma.org

FAQ: Where are the classes & workshops held?

A: At OC Johnson 1201 W 12th St FAQ: Can any parent join?

A: Any parent/guardian of any YSD1 student is eligible!

FAQ: Do I have to be part of the GED portion?

A: No, not all of our participants are GED students. It is just an option.

## The SFP Pride Post

no.203.078

Brought to you by the YSD1 Strong Families Program

March 6th, 2023

### We've gardened, we've cooked... now what?



#### What we're up to:

How much protein do kids need every day? How much fruit is too much? I have a picky eater, how can I make sure they are getting what they need? Fresh fruits and veggies are expensive, how can I provide healthy choices for my family but stay in my budget?

Find the answers to these questions and more, join us Tue-Thu 9-11am.

(928)502-7835

asalasibarra@yuma.org

#### What's coming up:

How to: Canning Fruits & Veggies

A 2-day Workshop March 15 & 16 9:00-11:00am In-person, at OC Johnson

All materials provided for free! Must RSVP by March 13<sup>th</sup>.

Keep your eye out for a flyer, coming soon!

\*Classes and workshops open to all YSD1 Parents & Guardians